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In Singapore, a survey has shown that 90% of people using computers for more than 3 hours a day, have dry eye syndrome.

Hence in today's increasing mobile devices and computers usage, previously old age related dry eye syndrome, is now increasingly seen in younger generations.

Join us in learning understanding how traditional Chinese medicine (TCM) can protect your eyes and prevent dry eyes.

(Talk presented in English and admission is free)

Venue:

Serangoon Public Library, Programme Zone

Date/Time:

30 July 2016 (Sat), 12pm - 1pm

Presented by:



Registration is required at any public library eKiosks or GoLibrary website, http://www.nlb.gov.sg/golibrary/请有兴趣的公众到公共图书馆内的eKiosks 报名或上网(http://www.nlb.gov.sg/golibrary/)报名